Sex Education Pre/Post Test 2016

Name: _____________________ Date: ___________ (One point for each correct answer)

1. What starts puberty in boys and girls, changing them into grown-ups?
   ____ Thinking about sex makes their bodies develop.
   ____ They see sexy advertisements, movies, TV shows, and stuff on the Internet.
   ____ The pituitary gland in the brain sends signals that release hormones.

2. What is the most important event of puberty for a girl (after this she can get pregnant)?
   ____ She gets taller and her breasts begin to develop.
   ____ Hair grows under her arms and around her genitals.
   ____ She has her first period.

3. What is the most important event of puberty for a boy (after this he can get a female pregnant)?
   ____ His voice gets deeper.
   ____ He first ejaculates semen from his penis.
   ____ He grows hair under his arms and around his genitals.

4. Write False by the one that is not true:
   ____ On average, girls enter puberty a year earlier than boys.
   ____ All kids enter puberty at exactly the same age.
   ____ It is normal to enter puberty any time between the ages of 8 and 16.
   ____ If you haven’t entered puberty by the time you are 17, you should see a doctor.

5. Which of these is true about a girl or a woman who is menstruating (having a period)?
   ____ Something is wrong with her body and she needs to get to a hospital to keep from bleeding to death.
   ____ It is a normal cycle in which blood and tissue lining the uterus come slowly out of her body.
   ____ She just had sexual intercourse with someone.

6. How often do females who have reached puberty have a period? About once a:  week  month  year

7. A female’s menstrual fluid comes out through her:  vagina  urethra  anus

8. When a girl or woman is having her period:
   ____ She cannot take part in gym or any other physical activities.
   ____ Everyone can tell she has her period from the way she looks and acts.
   ____ She can do normal activities and no one needs to know her private business.

9. It is normal for a male’s penis to become erect (hard):
   ____ several times a day, including in his sleep.
   ____ only when he has sexual intercourse with his wife.
   ____ about once a month.

10. After reaching puberty, people can have a very powerful climax of sexual pleasure. What is this called?
    sneeze  orgasm  laugh  cry  sigh  tickle  cough

11. When a male ejaculates, about how many sperms are in the semen that comes out of his penis?
    1  1,000  300,000,000

12. Men and teenage boys who have wet dreams:
    ____ are normal, just like other males.
    ____ are sex maniacs who need to see a psychiatrist.
    ____ are like babies who wet their beds.

13. People who have sexual thoughts about other people are:
    ____ nasty and sick
    ____ normal, just like everyone else
    ____ in need of more exercise
14. Write False by the one that is not true about masturbation (self-pleasuring):
   ____Masturbation is rubbing one’s own penis (male) or clitoris (female) until one has an orgasm.
   ____Most people masturbate regularly at certain points in their lives to release built-up sexual desire.
   ____Some people choose not to masturbate.
   ____Some religions teach that masturbation is wrong.
   ____Masturbation is a very private subject and most people are embarrassed to talk about it.
   ____People who masturbate are sick and nasty; it gives them pimples and makes hair grow on their palms.

15. How long does it take for a (human) baby to develop from when the sperm reaches the egg to the time of birth?
   nine days  nine weeks  nine months  nine years

16. If a male and female have sexual relations, in which of these situations could the female get pregnant?
   ____If it is the first time she has had sexual intercourse.
   ____If it is during her menstrual period.
   ____If she and her partner have sexual intercourse standing up.
   ____If she does not have an orgasm.
   ____If her partner pulls his penis out of the vagina before he ejaculates.
   ____If her partner never puts his penis into her vagina, but ejaculates semen just outside her vagina.
   ____If she jumps up and down right after having intercourse.
   ____If she urinates (pees) right after having intercourse.
   ____If she douches (washes out her vagina) right after having sexual intercourse.
   ____If she is showing signs of puberty and is close to having her first period.

17. The only 100% sure way of not getting pregnant is: The Pill  Condom  Rhythm Method  Diaphragm
   Not having sexual intercourse  Morning after pill  Withdrawal  I.U.D.

18. What is the one form of birth control that can stop the spread of H.I.V. and other sexual infections?
   The Pill  Condom  I.U.D.  Morning after pill  Withdrawal  Rhythm Method  Diaphragm

19. Which three items on this list are crimes for which a person can be locked up in jail?
   ____Being a homosexual
   ____Sexually abusing a child
   ____A boy or man having sexual intercourse with a girl under 17
   ____Falling in love
   ____Rape
   ____Having sexual thoughts about another person

20. Which three items would be good advice for a friend who is being sexually abused?
   ___Tell the abuser to STOP it and do everything you can to get away.
   ___Allow the sexual abuse to continue; it won’t hurt you.
   ___Report the abuser to a parent or another grown-up who can stop it.
   ___Keep it a secret; don’t tell anyone.
   ___Get counseling so you can talk about your feelings about being abused.

21. Check the true one(s):
   ___A homosexual is a person sexually attracted to people of the same sex.
   ___You can always tell if a person is gay from the way he or she acts.
   ___If someone of the same sex touches your private parts, it will make you gay.
   ___If you think or dream about sex with someone of the same sex, you’re gay.
   ___Most gay people don’t know they are gay until their teen years.

22. Write False by one that is not true?
   ___HIV/AIDS is a deadly disease for which scientists are seeking a cure.
   ___HIV/AIDS has spread mainly by sexual contact, sharing drug needles.
   ___Only homosexuals and needle drug users get HIV/AIDS

23. What way(s) can a person get HIV?
   ___kissing a person who has the disease
   ___hugging a person who has the disease
   ___getting certain body fluids from an infected person into their bloodstream
   ___sitting on a toilet seat that a person with the disease just sat on
   ___being sneezed on by a person who has the disease

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Male Reproductive System

Scrotum - the skin pouch that holds the two testicles
Testicles - two glands that make sperm
Vas deferens - tubes that carry sperm from the testicles to the prostate
Prostate - a gland that mixes sperm with seminal fluid
Penis - the sexually sensitive organ that passes urine and semen
Bladder - the sac that holds urine until it is eliminated
Urethra - the tube that carries urine and semen out through the penis
Anus - the opening through which bowel movements leave the body
Female Reproductive System

Ovaries - two glands where the egg cells (ova) are stored
Fallopian tubes - two tubes that carry egg cells from ovaries to uterus
Uterus - the place where a baby grows until it is born
Vagina - the passageway between the uterus and the outside
Bladder - the sac that stores urine until it is eliminated
Urethra - the tube that carries urine from the bladder out of the body
Clitoris - the small, sexually-sensitive organ in front of the urethra
Labia - folds of skin that protect the vagina, urethra, and clitoris
Anus - the opening through which bowel movements leave the body