Sex Education Pre/Post Test 2016 – Correct Answers

Name: ___________________________ Date: ___________  (One point for each correct item)

1. What starts puberty in boys and girls, changing them into grown-ups?
   ____ Thinking about sex makes their bodies develop.
   ____ They see sexy advertisements, movies, TV shows, and stuff on the Internet.
   ____ The pituitary gland in the brain sends signals that release hormones.

2. What is the most important event of puberty for a girl (after this she can get pregnant)?
   ____ She gets taller and her breasts begin to develop.
   ____ Hair grows under her arms and around her genitals.
   ____ She has her first period.

3. What is the most important event of puberty for a boy (after this he can get a female pregnant)?
   ____ His voice gets deeper.
   ____ He first ejaculates semen from his penis.
   ____ He grows hair under his arms and around his genitals.

4. Write False by the one that is not true:
   ____ On average, girls enter puberty a year earlier than boys.
   ____ All kids enter puberty at exactly the same age.
   ____ It is normal to enter puberty any time between the ages of 8 and 16.
   ____ If you haven’t entered puberty by the time you are 17, you should see a doctor.

5. Which of these is true about a girl or a woman who is menstruating (having a period)?
   ____ Something is wrong with her body and she needs to get to a hospital to keep from bleeding to death.
   ____ It is a normal cycle in which blood and tissue lining the uterus come slowly out of her body.
   ____ She just had sexual intercourse with someone.

6. How often do females who have reached puberty have a period?  About once a:  week  month  year

7. A female’s menstrual fluid comes out through her:  vagina  urethra  anus

8. When a girl or woman is having her period:
   ____ She cannot take part in gym or any other physical activities.
   ____ Everyone can tell she has her period from the way she looks and acts.
   ____ She can do normal activities and no one needs to know her private business.

9. It is normal for a male’s penis to become erect (hard):
   ____ several times a day, including in his sleep.
   ____ only when he has sexual intercourse with his wife.
   ____ about once a month.

10. After reaching puberty, people can have a very powerful climax of sexual pleasure. What is this called?
    sneeze  orgasm  laugh  cry  sigh  tickle  cough

11. When a male ejaculates, about how many sperms are in the semen that comes out of his penis?
    1  1,000  300,000,000

12. Men and teenage boys who have wet dreams:
    ____ are normal, just like other males.
    ____ are sex maniacs who need to see a psychiatrist.
    ____ are like babies who wet their beds.

13. People who have sexual thoughts about other people are:
    ____ nasty and sick
    ____ normal, just like everyone else
    ____ in need of more exercise
14. Write **False** by the one that is **not true** about masturbation (self-pleasuring):
   - Masturbation is rubbing one’s own penis (male) or clitoris (female) until one has an orgasm.
   - Most people masturbate regularly at certain points in their lives to release built-up sexual desire.
   - Some people choose not to masturbate.
   - Some religions teach that masturbation is wrong.
   - Masturbation is a very private subject and most people are embarrassed to talk about it.
   - People who masturbate are sick and nasty; it gives them pimples and makes hair grow on their palms.

15. How long does it take for a (human) baby to develop from when the sperm reaches the egg to the time of birth?
   - nine days
   - nine weeks
   - nine months
   - nine years

16. If a male and female have sexual relations, in which of these situations **could** the female get pregnant?
   - If it is the first time she has had sexual intercourse.
   - If it is during her menstrual period.
   - If she and her partner have sexual intercourse standing up.
   - If she does not have an orgasm.
   - If her partner pulls his penis out of the vagina before he ejaculates.
   - If her partner never puts his penis into her vagina, but ejaculates semen just outside her vagina.
   - If she jumps up and down right after having intercourse.
   - If she urinates (pees) right after having intercourse.
   - If she douches (washes out her vagina) right after having sexual intercourse.
   - If she is showing signs of puberty and is close to having her first period.

17. The only 100% sure way of not getting pregnant is: The Pill Condom Rhythm Method Diaphragm
   - Not having sexual intercourse
   - Morning after pill
   - Withdrawal
   - I.U.D.

18. Which of these ways can a person get HIV? kissing a person who has the disease
   - hugging a person who has the disease
   - getting certain body fluids from an infected person into their bloodstream
   - sitting on a toilet seat that a person with the disease just sat on
   - being sneezed on by a person who has the disease

19. Which **three** items on this list are crimes for which a person can be locked up in jail?
   - Being a homosexual
   - Having sexual intercourse with one’s own husband or wife
   - Sexually abusing a child
   - A boy or man having sexual intercourse with a girl under 17
   - Falling in love
   - Masturbating
   - Rape
   - Having sexual thoughts about another person

20. Which **three** items would be good advice for a friend who is being sexually abused?
   - Tell the abuser to STOP it and do everything you can to get away.
   - Allow the sexual abuse to continue; it won’t hurt you.
   - Report the abuser to a parent or another grown-up who can stop it.
   - Keep it a secret; don’t tell anyone.
   - Get counseling so you can talk about your feelings about being abused.

21. Check the **true** one(s):
   - A homosexual is a person sexually attracted to people of the same sex.
   - You can always tell if a person is gay from the way he or she acts.
   - If someone of the same sex touches your private parts, it will make you gay.
   - If you think or dream about sex with someone of the same sex, you’re gay.
   - Most gay people don’t know they are gay until their teen years.

22. Write **False** by one that is **not true**?
   - HIV/AIDS is a deadly disease for which scientists are seeking a cure.
   - HIV/AIDS has spread mainly by sexual contact, sharing drug needles.
   - Only homosexuals and needle drug users get HIV/AIDS.

23. What way(s) can a person get HIV? kissing a person who has the disease
   - hugging a person who has the disease
   - getting certain body fluids from an infected person into their bloodstream
   - sitting on a toilet seat that a person with the disease just sat on
   - being sneezed on by a person who has the disease
Male Reproductive System

Scrotum - the skin pouch that holds the two testicles
Testicles - two glands that make sperm
Vas deferens - tubes that carry sperm from the testicles to the prostate
Prostate - a gland that mixes sperm with seminal fluid
Penis - the sexually sensitive organ that passes urine and semen
Bladder - the sac that holds urine until it is eliminated
Urethra - the tube that carries urine and semen out through the penis
Anus - the opening through which bowel movements leave the body
Female Reproductive System

Ovaries - two glands where the egg cells (ova) are stored
Fallopian tubes - two tubes that carry egg cells from ovaries to uterus
Uterus - the place where a baby grows until it is born
Vagina - the passageway between the uterus and the outside
Bladder - the sac that stores urine until it is eliminated
Urethra - the tube that carries urine from the bladder out of the body
Clitoris - the small, sexually-sensitive organ in front of the urethra
Labia - folds of skin that protect the vagina, urethra, and clitoris
Anus - the opening through which bowel movements leave the body